

# GAB-BRAM 2009

## Route

Monday, June 15 – Arrive at St. Charles, MO at 2pm for shuttle to Clinton, MO

Tuesday, June 16 – Bike from Clinton to Sedalia, MO. 35 miles

Wednesday, June 17 – Bike from Sedalia to Columbia, MO. 70 miles

Thursday, June 18 – Bike from Columbia to Tebbetts, MO. Overnight at Turner Katy Trail Shelter. 50 miles

Friday, June 19 – Bike from Tebbetts to Marthasville, MO. 55 miles

Saturday, June 20 – Final ride from Marthasville to St. Charles. 55 miles (Ride ends around noon)



Riders at the start of the Katy Trail

### Helpful Information

Official Katy Trail State Park site:  
<http://www.mostateparks.com/katytrail/index.html>

Bike Katy Trail web-site:  
<http://www.bikekatytrail.com>

Katy Trail Maps:  
<http://www.bikekatytrail.com/maps.asp>

This year we are going to meet in St. Charles and shuttle to Clinton. This allows our vehicles to be waiting for us at the end of the ride.

If your church has a large passenger vehicle and would take on the ministry of shuttling us from St. Charles to Clinton we would appreciate that. Fuel and driver food expenses will be covered.

We would like to have riders volunteer to lead a short devotional message at the start and end of each day.

## GAB-BRAM 2009

For more information, contact:  
Dan Edwards (217) 589-5357  
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*The Great American Baptist  
Bike Ride Across Missouri*



# GAB-BRAM 2009



*Great American  
Baptist-Bike Ride  
Across Missouri  
2009*

*Great American Baptist -  
Bike Ride Across Missouri 2009*

Registration Form: Deadline

Name \_\_\_\_\_ Gender: M F \_\_\_\_\_ Age \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_  
 If under 21, who will be traveling with you? \_\_\_\_\_  
 Church Name and City \_\_\_\_\_

Mail registration with fee of \$150 to: Debbie Naugle, GAB-BRAM Registrar,

POB 3786, Springfield, IL 62708 Phone (217) 726-7366

*What to Bring*

- Your bike, a couple of extra inner tubes in your size and your favorite bike tools
- Your bike helmet, gloves, rain gear
- Any particular energy food that you want to be sure to have for your personal use
- Money for additional snacks, foods, drinks, souvenirs, etc along the way
- Clothes for riding and casual wear for evenings
- Sunscreen, bug spray, lip balm, camera, batteries, cell phone, etc
- Sleeping bag, pillow, pad (note; sleeping on the floor in churches)
- Towels, wash cloth, toiletries, etc.
- Personal items; Bible, books, games, etc.

(keep in mind that cargo space is limited)

Transportation to and from St. Charles is on your own. We encourage ride sharing.

If you don't like asking people to make pledges but still want to ride – Since the purpose of this ride is to raise money and awareness to aid in planting new churches, you may make a donation of \$250 in addition to the registration fee. This part would be a tax-deductible donation and a separate check to ABC-GRR should be written before the ride.

**The Great American Baptist Bike Ride Across Missouri** is for anyone who enjoys biking and wants to support New Church Development. We will bike about 250 miles across Missouri on the Katy Trail.

*Age*

You must be 21 years of age, or older, or have an adult sponsor to ride with you on this trip.

*The Money*

Each rider should seek out people to pledge money on a per mile, per day, or whole ride basis. Expected pledges for each rider should be \$250 or more. One hundred percent of the money raised will go toward new church development programs. This year we are providing camp scholarships for the children of new church plants.



The registration fee is \$150 (second rider from same family is \$50) and covers all meals, group snacks, sag wagons, and group insurance while on the ride. The deadline for registration is: April 15, 2009.